

4C Lee Hong Wang Horus

Sports Day

This was my first time joining the Sports Day. I was an athlete. We went to the sports ground in Wo Che. It was called Sha Tin Sports Ground.

It was an exciting experience. I woke up early for today's competition. When I woke up, the sun still did not come out yet! Our grade behaved well so the teachers said we could go to the sports ground first. Whenever our school's athletes had race on the track, we cheered them up. Before my race, I was so nervous. Actually, I tried my best to run, I hoped I could enter the final contest. However, my competitors were so fast. At last, I got sixth in the preliminary contest. Although I did not enter the finals, I was not upset because I got a very good experience as this was my first time joining the competition. I believe I can do better next time.

At the end of the Sports Day, our athletic team had a very good result, especially in the 4x100 relay race. The overall championship was belonged to Riverain because they had good preparation. I learn that if we want to win, we should prepare well first!